



## Review of Literature of *Agnikumar rasa* – A herbo-mineral ayurvedic formulation

**Kattewar Balaji Devrao<sup>1</sup>, Gangaprasad Asore<sup>2</sup>, Gayatri Ashok Jagtap<sup>3</sup>**

1. Professor, Rasa shastra and bhaishajya kalpana, dhanvantari Ayurvedic Medical College, Udgir, Maharashtra.
2. Associate Professor, Rasa shastra and bhaishajya kalpana, APM's Ayurved Mahavidyalaya, Sion Mumbai-22, Maharashtra
3. P.G. Scholar Rasa shastra and bhaishajya kalpana, APM's Ayurved Mahavidyalaya, Sion, Mumbai-22, Maharashtra.

\*Corresponding author: [bdk73prof@gmail.com](mailto:bdk73prof@gmail.com)

### Abstract

*Rasashastra* and *bhaishajya kalpana* is one of the branch of ayurveda that deals with the pharmaceutical processing, preparation of compound medicines and therapeutic utility of herbal drugs, metals and minerals. *Agnikumar Rasa* is one such *kharaliya* herbo-mineral formulation mentioned in various *Ayurvedic* text. It is primarily used in the management of *Agnimandya*. According to Ayurveda, Agni has an important role in the physiological functions of the body. Even there are reference to be used in disease such as *Ajirna*, *Gulma*, *Visuchika*, *Grahani*, etc. Amongst all formulations termed as *Agnikumar rasa* have been quoted by most seers and are well acclaimed in the management of *agnimandya-janyaroga*. Though variation is observed in the description of these *kharaliya rasayana* and compilation of these will help to study in comparative manner.

**Keywords** – *Agnikumar rasa*, *kharaliya rasayan*

### Introduction

The word *Rasashastra* literally means the “Science of Mercury”. However, it is a specialized branch of Ayurveda dealing mainly with materials which are known as ‘Rasa dravyaas’. They have the following three characteristic attributes: instant effectiveness, requirement of very small doses and extensive therapeutic utility irrespective of constitutional variation. The following Sloka (verses normally in two lines) describes the above given attributes of rasa.

“alpamaatropayogitwaat arucera  
aprasangataha.

*Kshipram aarogyadaayitwat  
aushadhyebhyo adhiko rasaha”*

(Vaagbhata, *Rasaratnasamcchay* -  
28/1,1976)<sup>[1]</sup>

Thus, the above all characteristics are seen in *kharaliya rasa* which is combination of herbal drugs and metals-minerals.

*Agnikumar rasa* is one such *kharaliya rasa* used in the management of *Agnimandya*



*janya rogas*. There are various references available having name as *Agnikumar rasa* in various Rasa aushadhis text. Though variation in ingredients is observed among these, there is resemblance in almost all formulations in perspective of levigation. Thus, present study is an attempt to go through references of *Agnikumar rasa* formulations in literature in order to have comparative better understanding of these formulations in terms of their composition, drugs specified for levigation, indications and contribution of various texts regarding this particular drug.

### Aim

Aim of the present study is to compile all available references of *Agnikumar rasa* available in text and to study them in comparative manner in terms of their composition, method of preparation, dose, indications and contribution of various texts regarding these particular formulation.



### Materials and methods

References of *Agnikumar rasa* will be compiled from various Rasa text and compendium and particular contribution of each text will be noted.

### Literary review

*Agnikumar Rasa* is not mere a single formulation but a variety of formulations across different text have been quoted as *Agnikumar Rasa*. Name of drug itself throws light on the action of the compound i.e. it is a formulation which aids to cure the *agnimandya janya* disease (disease formed due to low digestive power). Earliest citation of *Agnikumar Rasa* is observed in *rasa paddhati* a book of 13th AD. *Rasayogasagara* compilatory book of *Rasaushadhi* for first time has compiled 4 formulations entitled as *Agnikumar Rasa* across different text. Following citations have been found in text such as *Bhaishajya ratnavli*, *Yoga Ratnakar*, *Rasa Chandanshu* and *Rasaratnasamucchay*. Other references have been collected from compendium *Bharat bhaishajya ratnakar* and are listed below:

Table no. 1 Reference of *Agnikumar Rasa* mentioned in *Rasayogasagar*<sup>[2]</sup>

Name of ingredient	Rys 1 31	Rys 2 23	Rys 3 26	Rys 4 27
<i>Parad</i>	1	1	1	1
<i>Gandhak</i>	1	1	1	1
<i>Trikatu</i>			1-1	1
<i>Bachnag</i>		2	1	
<i>Tankan</i>				1
<i>5 lavan</i>				Sai, vid
<i>Jeerak</i>				Jeearakdwaya
<i>Vidanga</i>				1
<i>Tamra</i>	1	Bhasma1		
<i>Hartal</i>		1		
<i>Hingul</i>		1		
<i>Abhrak</i>		1		
<i>Kharpar</i>		1		1
<i>Jaatifal</i>				1
<i>Lavang</i>				1
<i>Talispatra</i>				1

<i>Shrungi</i>				1
<i>Pippali</i>				1
<i>Yawani</i>				1
<i>Hingu</i>				1
<i>Jambeer</i>				Rq
<i>Chitrak</i>	Rq			
<i>Bringa</i>	7	Rq	Rq	
<i>Nimbuk</i>		Valukayantra		
<i>Guduchi</i>	7			
<i>Trifala</i>	Rqvalukayantra			
<i>Suran</i>	7			
<i>Nirgundi</i>	7			

(Rys= Rasayogasagar)

Table no. 2. Reference of *Agnikumar Rasa* mentioned in Bhaishajyaratnavali<sup>[3]</sup>

Name of ingredient	B.r 5/528 Jwar	B.r 10/115 agnimandya	B.r 8/237 Grahani
<i>Parad</i>		1	1
<i>Gandhak</i>		1	1
<i>Maricha</i>	1	8	1
<i>Vacha</i>	1		
<i>Kushtha</i>	1		
<i>Musta</i>	1		
<i>Bachnag</i>	4	3	1
<i>Tankan</i>		1	1
<i>Kaparda</i>		3	
<i>Shankha</i>		3	
<i>Lohabhasma</i>			1
<i>Magadhi</i>			1
<i>Suntha</i>			1
<i>Ajmoda</i>			
<i>Jambeer</i>		1 prahar	
<i>Aadrak</i>	R.q.		
<i>Abhrakbhasma</i>			10
<i>Ahifen</i>			R.q
<i>Chitrak</i> <i>Mool</i>			R.q
<i>Matra</i>	1 Ratti	1 Gunja	Marichaakar
<i>Anupan</i>	Sunthijal		Shitodak

(b.r= bhaishajyaratnavali)

Table no. 3 References of *Agnikumar Rasa* mentioned in Rasendramangal<sup>[4]</sup>, Rasendrachimantani<sup>[4]</sup>, Yogratnakar<sup>[5]</sup>

Name of ingredient	R.m 22	R.chin1	R.chin2	Y.r1 30	Y.r 2 25
<i>Parad</i>	1	2krsh	1	1	1
<i>Gandhak</i>	1	2"	1	1	1
<i>Maricha</i>			10	1	8
<i>Bachnag</i>			3		1
<i>Tankan</i>			1		1
<i>Kaparda</i>			1	2	2
<i>Shankha</i>				2	2
<i>Sajjikhara</i>			1		
<i>Magadhi</i>			1		
<i>Suntha</i>			1		
<i>Nag</i>	1				
<i>Jambeer</i>			Rq	7	
<i>Aadrak</i>					
<i>Hansapadi</i>	1 D	Kupi 1 din			
<i>Kanta Karifala</i>	Kachkupi for 12 hrs				
<i>Vijaya</i>	1/6th of bachnag				
<i>Shigru</i>	½ part of marich				
<i>Nimbuk</i>				3 times 1D	

(**R.m**=Rasendramangal,**R.chin**=Rasendrachimantani,**Y.r**=Yogratnakar)

Table no. 4 Reference of *Agnikumar Rasa* mentioned in Rasaratnasamucchaya<sup>[6]</sup>

Name of ingredient	R.r.s1	R.r.s2 13	R.r.s3 14	R.r.s4 15	R.r.s5
<i>Parad</i>	1		1	1	1
<i>Gandhak</i>	1	1	1	1	
<i>Jaipal</i>	1				
<i>Trifala</i>	1				
<i>Trikatu</i>	1			1-1	
<i>Bachnag</i>		1 shan		1	1
<i>Tankan</i>				1	
<i>Kaparda</i>				1	

<i>Jambeer</i>				Rq	
<i>Aadrak</i>			Rq		
<i>Gomutra</i>	16				
<i>Hansapadi</i>		1	3D		10 tola
<i>Kantakarifala</i>		Valukayantra			Bachnag-goli above- bachnag
<i>Vijaya</i>					Valukayantra - 1.5 days

(R.r.s=Rasaratnasamucchaya)

Table no. 5 References of *Agnikumar Rasa* mentioned in *Rasa ratnakar*<sup>[3]</sup>

Name of ingredient	R.r1 6	R.r2 7	R.r3 8	R.r4 9	R.r5 10
<i>Parad</i>	1	1	1	1	1
<i>Gandhak</i>	1	1	1	1	
<i>Trifala</i>			1		
<i>Trikatu</i>			1		
<i>Maricha</i>	3				1
<i>Vacha</i>					1
<i>Bachnag</i>	1	1	1		
<i>Tankan</i>				2	
<i>Suntha</i>					1
<i>2 kshar</i>		1-1	1-1		
<i>5 lavan</i>		1-1	Sss		
<i>Shigrumool</i>		2.5			
<i>Vijaya</i>		5			
<i>Ajmoda</i>			1		
<i>Chitrak</i>			1		
<i>Jeerak</i>			1		1
<i>Vidanga</i>			1		

<b>Kuchala</b>			18		
<b>Dhatri</b>				1	
<b>Hingu</b>					1
<b>Jambeer</b>			Rq.	Rq.	
<b>Aadrak</b>			Marichabha	Varatikagajaput	
<b>Kanta</b> <b>Karifala</b>	21				
<b>Vijaya</b>		1			
<b>Shigru</b>		1			
<b>Chitrak</b>		1			
<b>Bringa</b>		1 1 yam samputchitrak 7-7 (5masha)			Rq
<b>Nimbuk</b>					Rq

(R.r=Rasa ratnakar)

Table no. 6 References of *Agnikumar rasa* mentioned in Rasarajsundar<sup>[3]</sup>

Name of ingredient	R.ra.s 1 25	R.ra.s 2 28
<b>Parad</b>	1	1
<b>Gandhak</b>	1	1
<b>Maricha</b>	8	
<b>Bachnag</b>	1	1
<b>Tankan</b>	1	
<b>Kaparda</b>	2	
<b>Shankha</b>	2	
<b>Hansapadi</b>		Rq
<b>Kanta</b> <b>Karifala</b>		Valukayantra 3 yama ½ part bachnag f/b
<b>Vijaya</b>		
<b>Shigru</b>		Trikatu+saindhav+aadrak
<b>Chitrak</b>		Rq

(R.ra.s=Rasarajsundar)

Table no. 7 References of *Agnikumar Rasa* mentioned in Rasa Chandanshu<sup>[7]</sup>

Name of ingredient	R. chan 1	R. chan 2	R. chan3 30	R. chan2 29

<i>Parad</i>	1	1	1	2
<i>Gandhak</i>	1	1	1	1
<i>Jaipal</i>	1			1
<i>Trifala</i>	1			3
<i>Trikatu</i>	1	1		1
<i>Maricha</i>			1	
<i>Kaparda</i>			2	
<i>Shankha</i>			2	
<i>5 lavan</i>		1-1		1-1
<i>Vijaya</i>		10		
<i>Aadrak</i>				Rq
<i>Gomutra</i>	16			
<i>Nimbuk</i>			3 TIMES 1D	
<i>Vijaya</i>		3-3		
<i>Chitrak</i>				
<i>Bhringraj</i>				
<i>Aadrak</i>		Bhavana		

(*R. chan*=*Rasa Chandanshu*)

### Discussion:

Total 31 reference have been mentioned in *Rasa Aushadhi* compendium and text. Observing closely to each reference suggest that each kalpa contains *Dipan*, *Pachan* and *Agnivardhan dravyas*. All the references given in the text shows that they mainly acts on *Annavaha strotasa*. The commonly present dravya *Maricha* which does *pachan karma*. *Shankha bhasma* is *Uttam Deepan*, *Paachan dravya* and *Amlapittanaashak kalpa*. *Kapardik Bhasma* is *Ushna*, *Deepan karya* does the action of *Vaatanuloman* and thus, used in *Grahani* disease. *Bachnaag* is toxic drug

but when used after purification acts as *Vyavayi*, *Vikasi*, *Kledashoshak* and *Aampaachak*. *Tankan* is a *Kshaariya dravya* which acts as *Aampaachak*. *Kajjali* here acts as preservative to increase shelf life of this drug and even act as catalyst. Thus, *Agnikumar rasa* will help in the management of *Agnimandya janya vikar* such as *Grahani*, *Gulma*, *Ajirna*, *Vishuchika*, etc.

### Conclusion:

The main root cause of disease is *Agnimandya* i.e indigestion or low digestive power as mentioned by Acharya

Charak<sup>[8]</sup>. So, while treating any *agnimandya janya* disease correction of *Agni* is needed. It is clear from the literature that *Agnikumar rasa* has been used to treat wide range of diseases of Gastro intestinal tract, abdominal conditions such as Diarrhoea, Cholera, Irritable bowel Syndrome, etc. Thus it has broad spectrum activity in the management of *Agnimandya janya* disorders.

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