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# Prognostic Evaluation of Nakshatra Utpanna (Constellation Derived) Fever In Ayurvedic & Jyotish Science On The Basis of Nature of The Nakshatras

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## ABSTRACT

Ayurveda and Jyotish science are not only contemporary of each other but complimentary to each other. Ayurveda had incorporated in itself lot of Jyotishiya concepts right from auspicious timings in various sanskaras to auspicious timings of drug collection and storage. In all these concepts, Nakshatra (constellation) is an important aspect. As per Ayurveda and Jyotisha science, Nakshatra also plays an important role in deciding the prognosis and duration of the disease. Ayurvedic acharyas are of the view that the severity and prognosis

of the fever can be assessed on the basis of Nakshatras in which the fever is developed. The Jyotish acharya Varahamihir had categorized the mrudu (soft). tikshna (pungent), ugra (aggressive), chara (moving), and laghu (light) nature of the Nakshatras and accordingly the severity and outcome of the fever is seen. Particularly acharya Harita, acharya Shaunak, acharya Gautama, acharya Kaushik have mentioned about role of Nakshatra in deciding the outcome of the disease . Nischalkar the commentator of book 'Chakradutta', had quoted the views of

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said acharyas in this regard. Hemadri, the commentator of book 'Ashtang Hridaya' also quoted the views of acharya Shaunaka in this regard. Hence, it becomes essential to coorelate Ayurvedic concept of Nakshatra Utappana Jwara with the jyotishiya concept of nature of Nakshatras to know the severity and outcome of the fever.

It is observed that various Nakshatras have different impact on the outcome of the fever. Some are said to get cured within two weeks, some are in a month or two depending upon the Nakshatra in which it developed. There are twenty seven such Nakshatras which influence the outcome of the fever in various ways. It is concluded that, Ayurvedokta and Jyotish Shastrokta Nakshatras influence the prognosis of the fever. The fever developed during Tikshna and Ugra Nakshatra is severe and fatal. The fever developed during the mrudu and laghu Nakshatras is mild and easily treatable. The fever developed during chara Nakshatras is chara and mixed Nakshatras is moderate and treatable.

#### **INTRODUCTION**

Ayurveda and Jyotish science are not only contemporary of each other but complimentary to each other. Ayurveda had incorporated in itself lot of Jyotishiya concepts right from auspicious timings in various sanskaras to

auspicious timings of drug collection and storage. In all these concepts, Nakshatra (constellation) is an important aspect. As per Ayurveda and Jyotisha science, Nakshatra also plays an important role in deciding the prognosis and duration of the disease. It also helps in taking the Daiva Vyapashraya remedial measures as per Nakshatra Adhipati along with the conventional drug treatment. Ayurvedic acharyas are of the view that the severity and prognosis of the fever can be assessed on the basis of Nakshatras in which the fever is developed. The Jyotish acharya Varahamihir had stated the mrudu (soft), tikshna (pungent), ugra (aggressive), chara (moving), and laghu (light) nature of the Nakshatras and accordingly the severity and outcome of the fever is seen. Particularly acharya Harita, acharya Shaunak, acharya Gautama. acharya Kaushik have mentioned about role of Nakshatra in deciding the outcome of the disease and its holy remedial measures. Nischalkar the commentator of book 'Chakradutta', had quoted the views of said acharyas in this regard. Hemadri, the commentator of book 'Ashtang Hridaya' also quoted the views of acharya Shaunaka in this regard. . Hence, it becomes essential to coorelate Ayurvedic concept of Nakshatra Utappana Jwara with the of of jyotishiya concept nature

Nakshatras to know the severity and outcome of the fever.

**KEYWORDS** – Nakshatra, Mrudu, Laghu, Ugra, Tikshna

### **MATERIAL & METHOD**

Literary method of research was adopted in the present study. Critical and comparative study of of Ayurvedic literature and Jyotish science literature was done to come to logical conclusion.

#### **REVIEW OF LITERATURE**

जन्माधाने च निधने प्रत्याख्याने विपद्गते। यदि व्याधिः समुत्पेद्येत् क्लेशाय मरणाय च ।। ज्योतिः चकः धनिष्ठादि ध्रुवभैः दिन निश्चयात् । निश्चलकर – (हारित) च.क. 1/292 तीक्ष्ण नक्षत्राणि – मूल शिव शक भुजग अधिपानि तीक्ष्णानि । बृ.सं. 97 / 7 उग्र नक्षत्राणि – उग्रानि पूर्वा त्रिणि भरणी मधानि । बृ.सं. ९७ / ८ लघु नक्षत्राणि – लघु हस्त अश्विन पुष्याः । बृ.सं. ९७ / ९ मृदू नक्षत्राणि – मृदु वर्गा अनुराधा चित्रा पौष्णैन्दवानि मित्रार्थे । बृ.सं. 97 / 10 **मृदू तीक्ष्ण नक्षत्राणि** – हौतभुज(कृतिका) सविशाखं मृदू तीक्ष्णं मिश्रफलकारि। बृ.सं. 97 / 11 चर नक्षत्राणि – श्रवण त्रयमादित्यानिले च चरकर्मणि हितानि । बृ.सं. 97 / 11

## <u>अश्विनी नक्षत्र संभवा रोगमर्यादा</u>

**आयुर्वेद –** अश्विन्यां अपि षडरात्रात् सुखं भवति देहिनाम् । निश्चलकर – (हारित) च.क. 1/292 ज्वरः तु जातं षडरात्रात् अश्विनीषु निवर्तते। हेमाद्रि – (शौनक) अ.हृ.नि. 1/23 अहोरात्र तथा अश्विनी।। रत्नप्रभा – चकदत्त (कौशिक) — 1/292 ज्योतिष – अश्विन्यादिषु पीडा अश्विनीसम्भवा ज्वरो कलेवरे। तत् दोष शमनार्थाय ज्वरतापादिशान्तये। न.चि. ज्यो. ९ भरणी नक्षत्र संभवा रोगमर्यादा आयुर्वेद – भरण्याम् अपि तिष्ठेत् तु नराणां पंचमे अहनि । निश्चलकर – (हारित) च.क. 1/292 भरणीषु तु पंचाहात् । हेमाद्रि – (शौनक) अ. N . ह्र.नि. 1 / 23 प्राणैः विमुच्यते अवश्यं भरण्यां नात्र संशयः । रत्नप्रभा – चक्रदत्त (कौशिक) – 1⁄292 ज्योतिष धर्मराज नमः त्भ्यम् एकादशादिनात्मकीम् पीडा वारय हे देव यमदोषसमुद्भवान् । न.च.ज्यो. कृतिका नक्षत्र संभवा रोगमर्यादा आयुर्वेद – कृतिकासु गृहितस्य सप्तरात्रं भवेत् ज्वरः । न मुंचेत् यदि सप्ताहात् उनविंशतिभे सुखम् ।। निश्चलकर – (हारित) च.क. 1/292 सप्ताहात् कृतिकास् च । हेमाद्रि – (शौनक) अ.हृ.नि. 1/23 कृतिकासु यदा व्याधिः वृध्दिं संप्रतिपद्यते नवरात्रं भवेत् पीडा । रत्नप्रभा – चकदत्त (कौशिक) — 1/292

ज्योतिष – अग्निदोषसमुद्भूता कृतिकासम्भवा रूजा। तत् दोष शमनार्थाय दानं उत्तमं इरितम् । न.चि.ज्यो. रोहिणी नक्षत्र संभवा रोगमर्यादा आयुर्वेद – रोहिण्यां अष्टरात्रेन सुखं एकादशे अहनि वा। निश्चलकर – (हारित) च.क. 1/292 त्रिसप्तरात्रात् अथवा रोहिण्याम् अष्टरात्रतः। हेमाद्रि – (शौनक) अ.हृ.नि. 1/23 त्रिरात्रं रोहिणीषु च । रत्नप्रभा – चकदत्त (कौशिक) — 1/292 ज्योतिष – विप्रदोषात् च रोहिण्यां ज्वरो भवति दारूणः । तत् दोष शमनार्थाय शान्तिं च समाचरेत् । न. चि.ज्यो.(ब्रं.पू.) मुगनक्षत्र संभवा रोगमर्यादा आयुर्वेद – मृगेण पक्षं ज्वरयेन् नवरात्रं अथां अपि वा।। निश्चलकर – (हारित) च.क. 1/292 एकादशात् वा दिवसान्मृगे षष्ठावरात्रयोः । हेमाद्रि – (शौनक) अ.हृ.नि. 1/23 मृगशिरः पंच रात्रं । रत्नप्रभा – चकदत्त (कौशिक) — 1/292 ज्योतिष मृगशीर्षेभवेत् रोगः — चन्द्रदोषसमुद्भवः। तत् ज्वरं शमनार्थाय शान्तिं च समाचरेत् । न.चि.ज्यो. आर्द्रानक्षत्र संभवा रोगमर्यादा आयुर्वेद – आर्द्रायाम् उपसृष्टस्य पंचाहान् मृत्युम् आदिशेत् । यदि तु वर्तते त्रिपक्षात् संशयो भवेत् । निश्चलकर – (हारित) च.क. 1/292

पंचाहान्मृत्युः आर्द्रायां त्रिपक्ष संशयो अथवा । हेमाद्रि – (शौनक) अ.हृ.नि. 1/23 आर्द्रा प्राणैः वियुज्यते ।। रत्नप्रभा – चकदत्त (कौशिक) — 1/292 ज्योतिष रोगः आद्र्ययां जायते — शिवदोषसमुद्भवः । तत् ज्वरं शमनार्थाय दाने शान्तिं च कारयेत् । न.चि.ज्यो.(लिं.पु.) पुनर्वसुनक्षत्र संभवा रोगमर्यादा आयुर्वेद – पुनर्वसु उपसृष्टः तु ज्वरेण परिपीडितः । त्रयोदशाहान् मुंचेत् सप्तविंशे अथवा अहनि।। निश्चलकर – (हारित) च.क. 1/292 पुनर्वसौ प्रवृत्तः तृ ज्वरो अपि त्रयोदशात् । हेमाद्रि – (शौनक) अ.हृ.नि. 1/23 पुनर्वसुः तथा पुष्यः सप्तरात्रं विधीयते । N उरत्नप्रभा – चकदत्त (कौशिक) – 1/292 ज्योतिष पुनर्वसौ भवेत् रोगो — देवदोषसमुद्भवः, तत् ज्वर शमनार्थं दानं। न. चि.ज्यो.(स्कं.पु.) पुष्यनक्षत्र संभवा रोगमर्यादा आयुर्वेद – पुष्ये त्रिरात्र ज्वरितः सप्ताहान् नातिवर्तते । निश्चलकर – (हारित) च.क. 1/292 दिवसात् सप्तविंशात् वा द्वहात् सप्ताहतो अथवा पुष्ये । हेमाद्रि – (शौनक) अ.हू.नि. 1/23 पुनर्वसुः तथा पुष्यः सप्तरात्रं विधीयते । रत्नप्रभा – चकदत्त (कौशिक) – 1/292 पुष्यर्क्षे ज्योतिष जायते रोगो गुरूब्राम्हणदोषतः । शान्तिदानं समाचके ज्वरपीडादिशान्तये। न.चि.ज्यो.(ह.पु.)

आश्लेषानक्षत्र संभवा रोगमर्यादा आयुर्वेद – आश्लेषासु भवेत् मृत्यु दीर्घ कालकमात् अपि ।। निश्चलकर – (हारित) च.क. 1/292 श्लेषासु मरणं चिरेण अपि । हेमाद्रि – (शौनक) अ.ह.नि. 1/23 नवरात्रं तथा आश्लेषा । रत्नप्रभा – चकदत्त (कौशिक) — 1/292 ज्योतिष – आश्लेषायां भवेत् रोगो नागदोषसमुद्भवः । तत् दोष शमनार्थाय मृत्युयोग प्रशान्तये। न.चि. ज्यो.(पातालखण्डे) मघानक्षत्र संभवा रोगमर्यादा आयुर्वेद – मधासु द्वादशाहेन मृत्युः भवति देहिनाम् । उर्ध्वयति मघायां तु पुनरेव सुखो भवेत् 📙 निश्चलकर – (हारित) च.क. 1/292 आप्नोति मधास्त् त् अवश्यं स्वास्थ्यं द्वादशाहान्मृतो न चेत् । हेमाद्रि – (शौनक) अ.हृ.नि. 1/23 श्मशानान्तं मघासु च।। रत्नप्रभा – चकदत्त (कौशिक) — 1/292 मधायां जायते पीडा ज्वरदाहसमन्विता विंशतिवारसम्भूता पितृदोषसमुद्भवा ।। न.चि. ज्यो.(गा.पु.) ज्योतिष – मूर्च्छा त्रिदोषो शूलं च हृदयाघातमेव च । तत् दोष निवृत्यर्थं पितृशान्तिं समाचरेत् ।। न.चि.ज्यो. पूर्वाफाल्गुनीनक्षत्र संभवा रोगमर्यादा आयुर्वेद - पूर्वासु उपसृष्टस्य फाल्गुनीषु भवेत् दशा। निश्चलकर – (हारित) च.क. 1/292

फलगुन्यो पूर्वयोः मृत्युः । हेमाद्रि – (शौनक) अ.हृ.नि. १/२३ द्वौ मासौ फाल्गुनाश्चैव उत्तरासु त्रिपंचकम् । रत्नप्रभा – चकदत्त (कौशिक) – 1⁄292 ज्योतिष – रोगः स्यात् पूर्वफाल्गुन्यां देवदोषसमुद्भवः । मृत्युयोगः समाख्याताः तत् दोष शमनाय च ।। न.चि.ज्यो. उत्तराफाल्गुनीनक्षत्र संभवा रोगमर्यादा आयुर्वेद –एकविंशतिरात्रात् वा ज्वरः सौम्यत्वं मृच्छति । उत्तरासु तथा अष्टाहं नवरात्रं अथ अपि वा ।। निश्चलकर – (हारित) च.क. 1/292 अन्ययोः तु दिने अष्टमे नवमे हय एकविंशे वा ज्वरः सौम्यत्वं मृच्छति । हेमाद्रि – (शौनक) <mark>अ.</mark>हृ.नि. 1/23 N उत्तरासु त्रिपंचकम् । रत्नप्रभा – चकदत्त (कौशिक) — 1/292 ज्योतिष – रोगा हि उत्ताफाल्गुन्यां पीडा राक्षसीदोषसम्भवाः। ससप्तवासरजा ज्वरादियुक्तदारूणा।। न.चि.ज्यो. हस्तनक्षत्र संभवा रोगमर्यादा आयुर्वेद – हस्तेन नवमे मोक्षः चित्रायां अष्टमे अहनि।। निश्चलकर – (हारित) च.क. 1/292 हस्तेन सप्तमे शान्तिः । हेमाद्रि – (शौनक) अ. हृ.नि. 1/23 हस्ते चैव न दृश्यते चित्रा चैव अर्धमासिकम् ।। रत्नप्रभा – चकदत्त (कौशिक) – 1/292 ज्योतिष हस्तर्क्षे रोगो जायते रविदोषसमुद्भवः । पीडा पक्षवासरजा ज्वरदाहातिदारूणा ।। न.चि.ज्यो. चित्रानक्षत्र संभवा रोगमर्यादा

आयुर्वेद – उर्ध्व प्रपद्यमानो असौ मुंचेत् अनुराधानक्षत्र संभवा रोगमर्यादा चित्रागमे पुनः । निश्चलकर – (हारित) च.क. **आयुर्वेद –** ज्वरः तु दिवसान् अष्टा अनुराधासु वर्तते । 1/292 चित्रायाम् अष्टमे अथवा पुनश्च चित्रागमे । अत उर्ध्व न मुक्तस्य नास्ति तस्य चिकित्सितम् हेमाद्रि – (शौनक) अ.हृ.नि. 1/23 । निश्चलकर – (हारित) च.क. 1/292 चित्रा चैव अर्धमासिकम् ।। रत्नप्रभा – नवमे अहनि च चेच्छान्निमैत्रै मृत्युः ततः परम। हेमाद्रि – (शौनक) अ.हृ.नि. 1/23 चकदत्त (कौशिक) – 1/292 ज्योतिष चित्रायां जायते मैत्रे (अनुराधे) चैव दशाहानि । रत्नप्रभा – \_ रोगो चकदत्त (कौशिक) – 1/292 विप्रद्रोहसमुद्भवः। रूद्रवासरजा पीडा तत् दोषशमनाय च । न.चि.ज्यो. ज्योतिष – रोगः अनुराधाया मित्रदेवस्य दोषतः। षष्टिवासरजा स्वातिनक्षत्र संभवा रोगमर्यादा बाधा आयुर्वेद – स्वातियोगे दशाहेन मुंचेत् पक्षत्रयेण दोषशमनाय तु । न.चि.ज्यो. वा ।। निश्चलकर – (हारित) च.क. 1/292 ज्येष्ठानक्षत्र संभवा रोगमर्यादा स्वातौ दशाहात् अथवा त्रिभिः ।हेमाद्रि – आयूर्वेद – ज्येष्ठायां पंचमे मृत्युः उर्ध्व वा (शौनक) अ.हृ.नि. 1/23 द्वादशात् सुखम् । हेमाद्रि – (शौनक) अ.हृ.नि. 1/23 मासद्वयं तथा स्वाती। रत्नप्रभा – चकदत्त (कौशिक) — 1/292 । ज्येष्ठाङ चैव अर्धमासिकम् । रत्नप्रभा – ज्योतिष – स्वात्यां जायते पीडा वायुदोष चकदत्त (कौशिक) – 1/292 ज्येष्ठायां ज्योतिष समुद्भवः । मृत्युयोगः समाख्यातः तस्मिन रोगी न रोगोमृत्युयोगसमाहयः । जीवति।। न.चि.ज्यो. न जीवति कदा रोगी दानशान्त्यादिभिः विना विशाखानक्षत्र संभवा रोगमर्यादा ।। न.चि.ज्यो.(शुक्रयामल) आयुर्वेद – विशाखासु भवेत् मृत्युःएकविंशतिमे मूलनक्षत्र संभवा रोगमर्यादा अहनि। निश्चलकर – (हारित) च.क. 1/292 आयुर्वेद – स्वास्थ्ये दशाहान्मूलेन त्रिसप्ताहे अथवा गते । हेमाद्रि – (शौनक) अ.हू.नि. पक्षैः मृत्यूं विशाखासु द्वाविंशे अहनि निर्दिशेत् । हेमाद्रि – (शौनक) अ.ह्र.नि. 1/23 1/23 विशाखा चैव अर्धमासिकम् । रत्नप्रभा – मूलेन जायते मोक्ष। रत्नप्रभा – चकदत्त चकदत्त (कौशिक) — 1/292 (कौशिक) — 1/292 ज्योतिष – मूले संजायते रोगो हय अनाचार ज्योतिष भवेत् विशाखायां रोगो इन्द्रग्न्योदर्येषसमुद्भवः । समुद्भवः । तिथिवासरजा पीडा तत् दोषशमनाय च । न. मृत्युयोगः समाख्यातः तत् दोष निवृत्तये ।। न. चि.ज्यो. (स्क.पु.) चि.ज्यो. (कू.पु.)

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मूले देवपितृन्सर्वानभक्त्या सम्पूज्य पूर्ववत् । न. चि.ज्यो. (भ.पु.) पूर्वाषाढानक्षत्र संभवा रोगमर्यादा आयुर्वेद – आषाढायां तु पूर्वायां नवरात्रात् प्रमुच्यते ।। निश्चलकर – (हारित) च.क. 1/292 पूर्वाषाढासु नवमे ततो अन्यासु तु मासतः । हेमाद्रि – (शौनक) अ.हृ.नि. 1/23 आषाढासु त्रिपंचकम् ।। रत्नप्रभा – चकदत्त (कौशिक) — 1/292 पूर्वाषाढे ज्योतिष — भवेत् रोगो जलदोषसमुद्भवः। मृत्युयोगः समाख्यातः तत् दोषनिवृत्तये । न.चि.ज्यो. उत्तराषाढानक्षत्र संभवा रोगमर्यादा आयुर्वेद – उत्तरासु तु आषाढासु मासम् क्लिश्यते असंशय् । अष्टौ वा नव मासान् वा ततो अस्थं आदिशेत् ।। निश्चलकर – (हारित) च.क. 1/292 अष्टाभिः अथवा मासैः नवभिः वा भवेत् शिवम् । हेमाद्रि – (शौनक) अ.ह्र.नि. 1/23 उत्तरा दिनविंशत्या। रत्नप्रभा – चकदत्त (कौशिक) — 1/292 ज्योतिष रोगः स्यात् उत्तराषाढे श्राध्दलोपसमुद्भवः । मासपीडा समुद्भूता तत् दोषशमनाय च । न.चि. ज्यो. श्रवणनक्षत्र संभवा रोगमर्यादा आयुर्वेद – श्रवणेन अष्टरात्रन्तु विलश्यते ज्वरपीडितः । निश्चलकर – (हारित) च.क. 1/292 ज्वरस्तु श्रवणे याति शान्तिं एकादशाहतः। हेमाद्रि – (शौनक) अ.ह्र.नि. 1/23

द्वौ मासौ श्रवणेन च । रत्नप्रभा – चकदत्त (कौशिक) — 1/292 ज्योतिष – श्रवणर्क्षे भवेत् रोगो मातृपित्रोस्तु दोषजः । शिववासरजा पीडा ज्वरातिसारसम्भवाः। न.चि. ज्यो., (वा.पु.) <u>धनिष्ठानक्षत्र संभवा रोगमर्यादा</u> आयुर्वेद – दशरात्रं धनिष्ठासु ज्वरो भवति देहिनाम् । निश्चलकर – (हारित) च.क. 1/292 एन्द्रे अष्टाहात् निष्ठासु । हेमाद्रि – (शौनक) अ.हृ.नि. 1/23 धनिष्ठा च अर्धमासं। रत्नप्रभा – चकदत्त (कौशिक) — 1/292 ज्योतिष – रोगः स्यात् धनिष्ठायां अपमान avur समुद्भवः। । पक्षवासरजा पीडा तत् दोषशमनाय च । न.चि. ज्यो.(भविष्योत्तर.पु.) शतभिषानक्षत्र संभवा रोगमर्यादा आयुर्वेद – षडरात्रं द्वादशाहं वा भवेत् शतभिषासु च। वाग्भट – (हारित) अ.सं.नि. 1/21-33 दशाहात् वारूणेषु तु। हेमाद्रि – (शौनक) अ. हृ.नि. 1/23 वारूण्यां च दशाहनि ।। रत्नप्रभा – चकदत्त (कौशिक) — 1/292 ज्योतिष – शतभिषा नक्षत्रे रोगः स्यात् जल (वरूण) दोषतः, रूद्रवासरजा पीडा। न. चि.ज्यो., (भ.पु.) पूर्वाभाद्रपदानक्षत्र संभवा रोगमर्यादा आयुर्वेद – तथा भाद्रपदासु एव पूर्वासु मरणं

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षडहे द्वादशाहे वा मृत्युः भाद्रपदासु तु ।	स्वाती इन्द्र पूर्वा शिव सार्पभे मृतिः ज्वरे अन्त्य
हेमाद्रि – (शौनक) अ.हृ.नि. 1/23	मैत्रे स्थिरता भवेत् रूजः।
न च भाद्रपदे मोक्षं । रत्नप्रभा – चकदत्त	याम्य श्रवो वारूण तक्षभे शिवा घस्त्रा हि पक्षौ
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<b>ज्योतिष –</b> पूर्वाभाद्रपदे रोगो जायते	मूल अग्नि दास्त्रे नवपित्रयमे नखा
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मृत्युयोगः समाख्यातः तत् दोषशमनाय च । न.	मसो अब्ज वैश्य अथ यमा हि मूलभे मिश्रेश
चि.ज्यो., (मा.पु.)	पित्रये फणिदंशने।। मूहुर्तचिंतामणि 2 ∕ 45−46
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आयुर्वेद – उत्तरासु भवेत् मोक्षा दिवसे अर्ध	पक्षात् ।
चतुर्दशे । वाग्भट – (हारित) अ.सं.नि.	रोगो चित्राप्रचेतोयमहिरिषु सुखं विदन्ते
1/21-33	रूद्रसंख्यात्।।
उत्तरासु द्विसप्ताहात् प्रशमो ।हेमाद्रि –	विंशात् अहनो मघायां गुरूभगरुरसुबुध्निवेधस्तु
(शौनक) अ.ह्र.नि. 1/23	भूभृत ।
उत्तरासु त्रिपंचकम् । रत्नप्रभा – चकदत्त	संख्यान्मूलाश्वियुक्ते हतभुजि
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ज्योतिष – रोगः स्यात् उत्तराभाद्रे देवदोष	ज्येष्ठासमीरोरग रौद्रपूवात्रयेषु न प्राणिति
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चि.ज्यो.,(वा.पु.)	छिद्रासमतेषु सपापवारेष्वाग्नेयवस्वन्तकवारूणेषु ।। प्रश्नमार्ग 13 / 15–17
चि.ज्यो.,(वा.पु.) रेवती नक्षत्र संभवा रोगमर्यादा	छिद्रासमतेषु सपापवारेष्वाग्नेयवस्वन्तकवारूणेषु ।। प्रश्नमार्ग 13 / 15–17 Uttar Ashadha, Mrugashira – Fever get
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Anuradha, Revati – Fever get alleviated with difficulty, runs for 2 months.

Jyeshtha, swati, Ashlesha, ardra, Purva falguni, Purva Ashadha, Purva Bhadrapada - Fatal

## **OBSERVATIONS**

Nakshatra – Ashwini			
Ayurved		Jyotish	
-	Harit & Shaunak - Disease/Fever gets alleviated in 6	- Ashwinikumar dosha	
	days	Janya	
_	Kaushik – Fever gets alleviated in 1 day	- 9 days	

Na	Nakshatra – Bharani		
Ay	yurved ayurlo	Jy	otish
-	Harit & Shaunaka - Disease gets alleviated in 5 days	-	Yama dosha janya
-	Kaushik – Fever becomes fatal	-	Fever gets alleviated in 11 days

Nakshatra – Krutika		
Ayurved	Jyotish	
- Harit & Shaunaka - Disease gets alleviated in 7 or 19 days	- Agnidosha Janya	
- Kaushik – Fever gets alleviated in 9 days	- 9 days	

## Nakshatra – Rohini

A	Ayurved		Jyotish	
-	Harit & Shaunaka - Fever gets alleviated in 8 days	-	Vipra dosha Janya	
-	Kaushik - Disease gets alleviated in 3 days	-	7 days	

Nakshatra – Mrugashira		
Ayurved	Jyotish	
- Harit & Shaunaka - Disease gets alleviated in 6 or 9 or 11 days	- Chandra dosha Janya	
- Kaushik- Disease gets alleviated in 5 days	- 1 month	

Na	Nakshatra – Ardra			
Ay	rurved	Jyotish		
-	Harit & Shaunaka - Disease becom fatal in 5 days or possibility remains till days	•		
-	Kaushik - Disease becomes fatal	- Fatal		

Nakshatra – Punarwasu		
Ayurved	Jyotish	
- Harit & Shaunaka - Disease gets alleviated in 13 days	- Deva /Aditi dosha Janya	
- <b>Kaushik</b> - Disease gets alleviated in 7 days	- Disease gets alleviated in 7 days	

## Nakshatra – Pushya

Ayurved	Jyotish	
- Harit & Shaunaka - Fever becomes fatal	- Guru Brahmhan Dosha Janya	
on 2,7 or 27 <sup>th</sup> day		
- Kaushik - Disease lasts till 7 days	- Disease gets alleviated in 7 days	

Nakshatra – Aashlesha			
Ayurved	Jyotish		
- Harit & Shaunaka - Fever becomes chronic and fatal	- Naga-dosha Janya		
- Kaushik – Disease lasts till 9 days	- Fatal		

Naksha	atra – Magha	
	AURLO	
Ayurve	ed Jyo	tish
	N J-R	RAS
- Har	rit & Shaunaka - If patient survives -	Pitru-dosha Janya
mor	ore than 12 days then chances of full	
reco	covery	
- Kau	ushik – Disease becomes fatal -	Disease gets alleviated in 20 days

Nakshatra – Purva Falguni		
Jyotish		
- Deva-dosha Janya		
- Fatal		
	- Deva-dosha Janya	

Nakshatra – Uttara Falguni	
Ayurved	Jyotish

-	Harit & Shaunaka - Disease gets	-	Rakshas-dosh Janya
	alleviated in 7, 9 or 21 days		
-	Kaushik - Disease lasts for 3 or 5 days	-	Disease gets alleviated in 7 days

Nakshatra – Hasta		
Ayurved	Jyotish	
- Harit & Shaunaka - Disease gets alleviated in 7 days	- Ravi-dosh Janya	
- Kaushik - Disease gets alleviated in 15 days	- Disease gets alleviated in 15 days	

Nakshatra – Chitra		
Ayurved	Jyotish	
- Harit & Shaunaka - Disease gets alleviated in 8 days		
- Kaushik - Disease gets alleviated in 15 days	<sup>•</sup> Disease gets alleviated in 11 days	

Nakshatra – Swati		
Ayurved	Jyotish	
- Harit & Shaunaka - Disease gets alleviated in 3 or 10days	- Vayu-dosha Janya	
- <b>Kaushik</b> - Disease gets alleviated in 2 months	- Fatal	

Nakshatra – Vishakha		
Ayurved	Jyotish	
- Harit & Shaunaka - Disease becomes	- Endra Agni Dosha Janya	
fatal in 12 or 45 days		

-	Kaushik – Disease lasts for 15 days	-	Disease lasts for 15 days (Tithi Vasar)

Nakshatra – Anuradha		
Ayurved	Jyotish	
- Harit & Shaunaka - If disease doesn't alleviates in 9 days then become fatal	- Mitra(Surya) dosha Janya	
- Kaushik – Disease lasts for 10 days	- Disease lasts for 60 days	

Ayurved	Jyotish	
Harit & Shaunaka - Disease	becomes - Endra dosha Janya	
fatal in 5 days. If patient survives	for more	
than 12 days then gets cured.	ayurlog	
Kaushik – Disease gets cured	after 15 - Very Fatal	
days		

Ayurved	Jyotish
Harit & Shaunaka -Disease gets	- Anachar & Niruti Rakshas, Dev, Pitru
alleviated in 10 or 21 days	Janya

Na	Nakshatra – Purva aashadha		
Ay	vurved	Jyotish	
-	Harit & Shaunaka - Disease gets	- Jala-dosha Janya	
	alleviated in 9 days or in a month		

-	Kaushik - Disease gets alleviated in 15	-	- Fatal
	days		

Nakshatra – Uttar Ashadha					
Ayurved	Jyotish				
- Harit & Shaunaka - Disease gets alleviated after 1, 8 or 9 days	- Shraddhalop-dosha Jana				
- Kaushik – Disease lasts for 20 days	- Disease gets alleviated in a month				

Nakshatra – Shrawan			
Ayurved	Jyotish		
<ul> <li>Harit &amp; Shaunaka – Fever alleviates in 11 days</li> </ul>	- Matru Pitru dosha Janya		
- Kaushik - Disease gets alleviated in 2 months	- Disease gets alleviated in 11 days		

Ayurved	Jyotish	
Harit & Shaunaka - Disease gets	- Sadhu Apman or Vasu dosha janya	
alleviated in 12 days or till coming		
Jyeshta Nakshatra		
Kaushik - Disease gets alleviated in 15	- Disease gets alleviated in 15 days	
days		

Nakshatra – Shatabhisha					
Ayurved	Jyotish				
- Harit & Shaunaka - Disease gets cured	- Varun (Jala) dosha Janya [water born]				
in 6 or 10 or 12 days					

yurved	Jyotish
Harit & Shaunaka - Disease becomes fatal in 14 days	- Hatya dosha Janya
Kaushik – Fatal	- Fatal

Ayurved	Jyotish
- Harit & Shaunaka - Disease gets cure	d in 14 - Ahirbudhnya Deva dosha Janya
days	
Kaushik - Disease gets cured in 15 days	- Disease gets cured in 7 days

Nakshatra – Rewati						
Ay	yurved	Jy	votish			
-	Harit & Shaunaka – Fever alleviates in 4 or 8 days	-	Parva dosha Janya			
-	Kaushik - Fever gets alleviated in 20 days	-	Disease gets alleviated in 60 days			

### **DISCUSSION**

As per acharya Harit & Shaunaka, the fever developed in **Ashwini Nakshatra** gets alleviated in 6 days whereas as per acharya Kaushika, it gets alleviated in 1 day. As per Jyotish science, fever gets alleviated in 9 days. Jyotish sciece is of the view that the fever developed in Ashwini Nakshatra is due to the dosha related to God physician Ashwinikumara, i.e. not paying oblations to Ashwinikumaras during Ashwini Nakshatra or on specific festivals (parvas). In present time, we can say that it may be due to nonpayment of doctors's fees or insulting him or not obeying to kind advice of the doctors. The fevers in this category could be allergy, scabies, Dental carries, taenia, malaria.

As per acharya Harit & Shaunaka, the fever developed in Bharani Nakshatra gets alleviated in 5 days whereas as per acharya Kaushika, fever becomes fatal.As per Jyotish science, such fever get alleviated in 11 days. Jyotish science is of the view that the fever developed in Bharani Nakshatra is due to the dosha related to Yama, i.e. not paying oblations to Yama during Bharani Nakshatra or on specific festivals (parvas like Yamadwitiya). Ancient God Yama was used to excute the punishment. In present time it can be corelated to some criminal offence, issues relateded to judiciary. The fever could be rheumatic fever, or due to skin infections.

As per acharya Harit & Shaunaka, the fever developed in **Krutika Nakshatra** gets alleviated in 7 or 19 days whereas as per acharya Kaushika, and Jyotish science, it gets alleviated in 9 days. Jyotish sciece is of the view that the fever developed in Ashwini Nakshatra is due to the dosha related to God Agni, i.e. not paying oblations to Agni during Krutika Nakshatra or on specific festivals (parvas) or during making the food. Agni represents the Pitta in the body. In present time, we can say that it is due to fevers causing inflammations such as appendicitis, cellulitis. pancreatitis, hepatitis, fevers causing blisters such as acute necrotizing skin infections, herpes zoster, Agni Visarapa (erysepals), Agnirohini, all Pittaj jwara.

As per acharya Harit & Shaunaka, the fever developed in **Rohini Nakshatra** gets alleviated in 8 days whereas as per acharya Kaushika, it gets alleviated in 3 days. As per Jyotish science, fever gets alleviated in 11 days. Jyotish sciece is of the view that the fever developed in Rohini Nakshatra is due to the dosha related to Vipra, the Brahmins, i.e. not paying proper dakshina (money), bhiksha (food) to Brahamanas routinely or on specific festivals (parvas). In present time, we can say that it could be due to not paying the fees of the teacher, insulting the teacher and Brahmins.

As per acharya Harit & Shaunaka, the fever developed in **Mruga Nakshatra** gets alleviated in 6 or 9 or 11 days whereas as per acharya Kaushika, it gets alleviated in 5 days. As per jyotish science, ferver runs for 1month. Jyotish sciece is of the view that the fever developed in Mruga Nakshatra is due to the dosha related to Chandra, i.e. not worshiping the moon on parvas. Moon rules the mind and brain and the Kapha in the body. In present time, we can say that this fever could be due to encephalitis, and all Kaphaj jwaras mentioned in Ayurvedic science.

As per acharya Harit & Shaunaka, the fever developed in Ardra Nakshatra becomes fatal in 5 days or possibility remains till 45 days whereas as per acharya Kaushika, it becomes fatal. As per jyotish science, ferver in this Nakshatra becomes fatal. Jyotish sciece is of the view that the fever developed in Ardra Nakshatra is due to the dosha related to Shiva, i.e. not paying proper oblations , worships to lord Shiva on specific festivals (parvas like Shivratri, Chaturdashi, Monday etc). In present time, we can say that this fever could be due to septicemia, meningitis etc.

As per acharya Harit & Shaunaka, the fever developed in Punarwasu Nakshatra gets alleviated in 13 days whereas as per acharya Kaushika, it gets alleviated in 7 days. As per jyotish science, ferver gets alleviated in 7 days. Jyotish sciece is of the view that the fever developed in Punarwasu Nakshatra is due to the dosha related to Deva and devamat Aditi, i.e. not paying oblations and worships to God and Godess routinely or on specific festivals (parvas). In present time, we can say that this fever could be due to pox, measles, mumps, Rubella, sine flu, Dengue etc.

As per acharya Harit & Shaunaka, the fever developed in Pushya Nakshatra, fever becomes fatal in 2,7 or 27<sup>th</sup> day whereas as per acharya Kaushika, it gets alleviated in 3 days. As per jyotish science, ferver gets alleviated in 7 days. Jyotish sciece is of the view that the fever developed in Pushya Nakshatra is due to the dosha related to Guru, Brahmana. i.e. not paying proper dakshina (fees) to teachers and Brahamanas for their work or on specific festivals (parvas like Guru Paurnima). Guru rules the meda (cholesterol) and the old age. In present time, we can say that it could be due to meningitis, encephalitis, diabetic carbuncles.

As per acharya Harit & Shaunaka, the developed in Aashlesha fever Nakshatra, becomes chronic and fatal whereas as per acharya Kaushika, fever lasts for 9 days. As per Jyotish science fever developed in this Nakshatra becomes fatal. Jyotish sciece is of the that the fever developed in view Aashlesha Nakshatra is due to the dosha related to Nagas, i.e. not paying proper worship, oblations to Nagas routinely or on specific festivals (parvas like Nagapanchami). Nagas are related to toxins and sex. In present time, we can

say that this fever could be due to poisons, sexually transmitted diseases. As per acharya Harit & Shaunaka, the person affected with fever developed in Magha Nakshatra, survives more than 12 days then chances of full recovery whereas as per acharya Kaushika, it becomes fatal. As per jyotish science, ferver gets alleviated in 20 days.Jyotish sciece is of the view that the fever developed in Magha Nakshatra is due to the dosha related to Pitara (ancestors), i.e. not worshiping them and paying oblations towards them routinely or on like specific festivals (parvas Pitrumoksha Awavasya). In present time, we can say that this fever could be due to some pre existent genetic disorders like diabetes, heart disease, blood diseases with super added infections.

As per acharya Harit & Shaunaka, the fever developed in Purva Falguni Nakshatra leads to definite death whereas as per acharya Kaushika, it runs for 2 months. As per Jyotish science fever developed in this Nakshatra becomes fatal. Jyotish sciece is of the view that the fever developed in Purva Falguni Nakshatra is due to the dosha related Devas (Gods) i.e. to not worshipping and paying oblations to Gods/Kuldevatas. In present time, we can say that it could be due to eruptive fevers, sepsis.

As per acharya Harit & Shaunaka, the fever developed in **Uttara Falguni** Nakshatra gets alleviated in 7, 9 or 21days whereas as per acharya Kaushika, it gets alleviated in 3 to 5 days. As per jyotish science, ferver gets alleviated in 7 days Jyotish sciece is of the view that the fever developed in Uttara Falguni Nakshatra is due to the dosha related to Rakshas. In present time, we can say that it could be due to microbial infections of urinary, respiratory tract.

As per acharya Harit & Shaunaka, the fever developed in **Hasta** Nakshatra gets alleviated in 8 days whereas as per acharya Kaushika, it gets alleviated in 3 days. As per juotish science, ferver gets alleviated in 15 days However, Jyotish sciece is of the view that the fever developed in Hasta Nakshatra is due to the dosha related to Ravi (Sun), i.e. not paying worship, oblations, Arghya to lord Sun daily or on festivals (parvas like Bhanusaptami, Surya Shashti). Sun rules the eyes and the Pitta and Agni in the body. In present time, we can say that it could be due to infections of eyes, skin, liver, gastrium.

As per acharya Harit & Shaunaka, the fever developed in **Chitra** Nakshatra gets alleviated in 8 days whereas as per acharya Kaushika, it gets alleviated in 15 days. As per jyotish science, ferver gets alleviated in 11 days. Jyotish sciece is of

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the view that the fever developed in Chitra Nakshatra is due to the dosha related to Vipra, the Brahmins, i.e. not paying proper dakshina (money), bhiksha (food) to Brahamanas routinely or on specific festivals (parvas). In present time, we can say that it could be due to some viral infections.

As per acharya Harit & Shaunaka, the fever developed in Swati Nakshatra gets alleviated in 3 or 10 days whereas as per acharya Kaushika, it gets alleviated in 2 months. As per Jyotish science, fever developed in this Nakshatra, becomes fatal. Jyotish sciece is of the view that the fever developed in Swati Nakshatra is due to the dosha related to Vayu, i.e. not worshipng and offering the oblations to the marut ganas routinely or on specific festivals (parvas). In present time, we can say that fever could be due infections or to droplet epidemic disorders or environmental allergens or nerve infections like Bell's palsy.

As per acharya Harit & Shaunaka, the fever developed in Vishakha Nakshatra, fever gets fatal in 12 or 45 days whereas per acharya Kaushika, it gets as alleviated in 15 days. As per Jyotish science fever gets cured in 15 days and is due to the dosha related to Agni. . In present time, we can say that this fever could be due to infections and inflammatory conditions and sepsis.

As per acharya Harit & Shaunaka, the fever developed in **Anuradha** Nakshatra, does not get alleviated in 9 days then it becomes fatal whereas as per acharya Kaushika, it gets alleviated in 10 days. As per Jyotish science fever gets cured in 60 days and is due to the dosha related to Mitra Deva i.e. not worshiping the Mitra (Sun). In present time, we can say that this fever could be due to inflammatory conditions.

As per acharya Harit & Shaunaka, the fever developed in **Jyeshta** Nkshatra becomes fatal in 5 days. If patient survives for more than 12 days then gets cured as per acharya Kaushika, it gets cured after 15 days. As per jyotish science, ferver gets alleviated in 15 days Jyotish sciece is of the view that the fever developed in **Jyeshta** Nakshatra is due to the dosha related to Endra. In present time, we can say that fever could be due to urinary tract infections.

As per acharya Harit & Shaunaka, the fever developed in **Mula** Nkshatra gets alleviated in 10 or 21 days whereas as per acharya Kaushika, it becomes fatal. There is no reference to duration of illness developed in Mula Nakshatra in presently studied Jyotish science literature except for the reference that it becomes fatal. However, Jyotish sciece is of the view that the fever developed in Mula Nakshatra is due to the dosha related to Anachar or Niruti Rakshas. In present time, we can say that fever could be due to sexually transmitted diseases. As per acharya Harit & Shaunaka, the fever developed in **Purva aashadha** gets alleviated in 9days or one month whereas as per acharya Kaushika, it gets

alleviated in 15 days. As per Jyotish science, fever developed in this Nakshatra, becomes fatal. . However, Jyotish sciece is of the view that the fever developed in Purva aashadha Nakshatra is due to the dosha related to Jala or Varun deva. In present time, we can say that fever could be due to chronic cystitis.

As per acharya Harit & Shaunaka, the fever developed in Shrawan Nakshatra, fever gets alleviated after 1, 8 or 9 months whereas as acharya per Kaushika, it gets alleviated in 20 days. As per Jyotish science fever gets cured in a month and is due to the dosha related to insult of ancestors or not worshiping them or offering them oblations on shraddha parvas. In present time, we can say that this fever could be due to some viral chest or ENT infections.

As per acharya Harit & Shaunaka, the fever developed in **Shrawan** Nakshatra, fever gets alleviated in 11 days whereas as per acharya Kaushika, it gets alleviated in 2 months. As per Jyotish science fever gets cured in 11 days and is due to the dosha related to insult of mother and father or not worshiping them or offering them oblations on shraddha parvas. In present time, we can say that this fever could be due to some viral chest or ENT infections.

As per acharya Harit & Shaunaka, the fever developed in **Dhanishtha** Nakshatra, fever gets alleviated in 12 days or till coming Jyeshta Nakshatra whereas as per acharya Kaushika, it gets alleviated in 15 days. As per Jyotish science fever gets cured in 15 days and is due to the dosha related to insult of noble persons or not worshiping the asha Vasu devas. In present time, we can say that this fever could be due to some epidemic flu like illnesses.

As per acharya Harit & Shaunaka, the fever developed Shatabhisha in Nakshatra gets alleviated in 10 or 12 days whereas as per acharya Kaushika, it gets alleviated in 10 days. As per Jyotish science fever gets cured in 11 days and is due to the dosha related to Varun deva, i.e. not worshiping and paying oblations to lord Varuna (Shiva) routinely or on specific festivals (parvas). In present time, we can say that this fever could be due to viruses in rainy season or due to urinary tract infection.

As per acharya Harit & Shaunaka, the fever developed in **Purva Bhadrapada** Nakshatra gets fatal in 14 days whereas as per acharya Kaushika, it gets fatal As per Jyotish science, fever developed in this Nakshatra, becomes fatal. Jyotish sciece is of the view that the fever developed in Purva Bhadrapada Nakshatra is due to the dosha related to murder. In present time, we can say that it could be due to viral ilnesses like swine flue, Dengu, rabies.

As per acharya Harit & Shaunaka, the fever developed in Uttar Bhadrapada Nakshatra gets alleviated in 14 days whereas as per acharya Kaushika, it gets alleviated in 3 days. As per Jyotish science fever gets cured in 15 days and is due to the dosha related to Ahirbudhnya deva, i.e. not worshiping and paying oblations to lord Ahirbudhnya (Shiva) routinely or on specific festivals (parvas). In present time, we can say that this fever could be due to chest or brain infections.

As per acharya Harit & Shaunaka, the fever developed in **Rewati** Nakshatra gets alleviated in 4 or 8 days whereas as per acharya Kaushika, it gets alleviated in 20 days. As per Jyotish science fever gets alleviated in 60 days and is due to the dosha related to Parva, i.e. not worshiping the Gods on various festivals (parvas). In present time, we can say that it could be due to eruptive fevers like pox, measeles, chest infections. As per acharya Varhamihir, Moola, Ardra, Jyeshtha, Aashlesha are **Tikshna Nakshatras** [B.S. 97/7]. Hence, the fever developed during these Nakshatras is severe and usually is fatal.

Purva Bhadrapada, Purava Ashadha and Purva falguni, Bharani and Magha are **Ugra Nakshatras** [B.S. 97/8]. Hence, the fever in developed during these Nakshatras is going to be severe and cured with difficulty.

Anuradha, Chitra, Rewati and Mrugashira are **Mrudu Nakshatras** [B.S. 97/10]. Hence, the fever in developed during these Nakshatras is going to be mild and curable.

Hasta, Ashwin and Pushya are Laghu Nakshatras [B.S. 97/9]. Hence, the fever in developed during these Nakshatras is going to be mild to moderate and curable.

Krutika and Vishakha are Mrudu as well as **Tikshna Nakshatra** [B.S. 97/11]. Hence, the fever in developed during these Nakshatras is going to be moderate to severe but treatable if intervened early.

Shrawan, Dhanishtha, Shatabhisha, and Swati Punarwasu are Chara (moving) Nakshatras [B.S. 97/11]. Hence, the fever in developed during these Nakshatras is going be to fluctuating but treatable.

<u>RESULT</u>

- The fever developed in Nakshatras like Ashwini, Rohini, Bharani, Mruga, Pushya, Punarwasu runs almost for 1 week.
- The fever developed in Nakshatras like Krutika, Magha, Uttara Falguni, Hasta, Chitra, Swati, Shrawan, Dhanishtha, Shatabhisha, Uttar Bhadrapada, Rewati runs almost for 11 to 15 days.
- The fever developed in Nakshatras like Ardra, Vishakha, and Purva Ashadha runs almost for 1 month.
- The fever developed in Nakshatras like Purva Falguni and Uttar Ashadha, anuradha, Revati runs almost for 2 months.
- The fever developed in Nakshatras like Ashlesha, Jyeshtha, Anuradha, Vishakha, Moola, Swati, Purva Ashadha are usually fatal.

## **CONCLUSION**

- Ayurvedokta and Jyotish Shastrokta Nakshatras influence the prognosis of the fever.
- As the Moola, Ardra, Jyeshtha, Aashlesha are Tikshna Nakshatras, the fever developed

during these Nakshatras is severe and usually is fatal.

- Purva Bhadrapada, Purava Ashadha and Purva falguni, Bharani and Magha are Ugra Nakshatras. Hence, the fever in developed during these Nakshatras is going to be severe and cured with difficulty.
- Hasta, Ashwin and Pushya are Laghu Nakshatras. Hence, the fever in developed during these Nakshatras is going to be mild to moderate and curable.
- 5. Krutika and Vishakha are Mrudu as well as Tikshna Nakshatras.
  Hence, the fever in developed
  J-RASduring these Nakshatras is going
  - to be moderate to severe but treatable if intervened early.
  - 6. Shrawan, Dhanishtha, Shatabhisha. Swati and Punarwasu are Chara (moving) Nakshatras. Hence, the fever in developed these during Nakshatras is going be to fluctuating but treatable.

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Prognostic Evaluation of Nakshatra Utpanna (Constellation Derived) Fever In Ayurvedic & Jyotish Science On The Basis of Nature of The Nakshatras

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