



### Literary aspects of “Janapadodwans.”

Ganesh Arvind Sutar\*<sup>1</sup>, Malhar S. Kulkarni<sup>2</sup>

1. P. G. Scholar Rognidan,
2. Guide

Dept. of Rognidan, Late Kedari Redekar Ayurveda Mahavidyala and Research Centre Gadhinglaj, District Kolhapur, Maharashtra.

\*Corresponding author: Email: ganesh.sutar55@gmail.com

#### ABSTRACT:

In Ayurveda various Acharya explained various subject related to medication, diseases, procedures. Ayurveda its science of prevention of disease hence there is taking care for not to form any disease that is “Swasthasya swasthya rakshanam”.

Some time many population get infected after all taking precautions and many more people get infected these all condition come under concept of “Janapadodwansa” according to modern sciences its called as “Epidemic”

Under this point “Janapadodwansa” Acharya charaka explained – Types of Janapadodwanasa, causes or factors responsible for it, presentation of “Janapadodwansa” and prevention of “Janapadodwansa” .

**Keyword:** Janapadodwansa, Swasthasya swasthya rakshanam, Epidemic,

#### Introduction:

In Ayurveda various Acharya explained various subject related to medication, diseases, procedures. Ayurveda its science of prevention of disease hence there is taking care for not to form any disease that is “Swasthasya swasthya rakshanam”.

Some time many population get infected after all taking precautions and many more people get infected these all condition come under concept of “Janapadodwansa” according to modern sciences its called as “Epidemic”

Acharya charaka explained concept of janapadadwasa in Vimansthana, in this they explained types of epidemiology of that time.

#### Aims and objectives:

1. To study concept of janapadadwasa as per Ayurveda.
2. To study epidemic related aspect janapadadwasa of as per Ayurveda

### **Material-method:**

1. For this study we referred Samhita like Acharya Charaka, for various reference Janapadadwasa
2. Related modern text book for also referred to understand some concepts like epidemic.

### **Review of literature**

Episodes of disease which are distressed many more people in same time then its come under “Janapadodwansa” as per Acharya Charaka in *Wimana Stana Adhyaya* 3, explained concept of “Janapadodwansa”.

Under this point “Janapadodwansa” Acharya Charaka explained – Types of Janapadodwansa, causes or factors responsible for it, presentation of “Janapadodwansa” and prevention of “Janapadodwansa”. As per modern science “Janapadodwansa” can be correlate with epidemics. In this article we are going to discuss all about “Janapadodwansa”

### **Hetu:**

As per Acharya Charaka hetu of “Janapadodwansa” are-

1. Asadharana hetu
2. Sadharana hetu-
  - a) Niyat atankapraya hetu
  - b) Aniyat atankapraya hetu

#### **1. Asadharana hetu:**

Asadharana hetu related to one person to another person only hence healthy person if contact with infected person then only vyadhi can occur to this healthy person. Occurrence of this vyadhi or disease also depends upon severity of disease, *prakriti* of healthy individual, *satwa*, *santmya* and age of healthy individual.<sup>1</sup>

#### **2. Sadharana hetu:**

In “Janapadodwansa” some time all people are contact with same factors changes in environment, water, field, Kaal that is time all of these are asadharana hetu because if any one of it get contaminated then it will also be responsible for generation of disease. By occurrence of diseases due to Sadharana hetu can be destroyed more area or more part of population which get contaminated. Due to contamination of this factors not only people but also animals, plants, medication of this area also destroyed by this type of “Janapadodwansa”. In *Wimana Stana* again explained 2 types of hetu which may be considered as sub type of sadharana hetu-

1. Niyat atankapraya hetu<sup>2</sup>
2. Aniyat atankapraya hetu<sup>3</sup>

Niyat atankapraya hetu can be related with Pan- epidemics and global epidemic that is diseases occurs due to natural disaster like storm flood, earthquake, etc.

Aniyat atankapraya hetu occurs due to misbehavior of human being, Acharya

Charaka explained some of aniyat atankapraya hetu<sup>3</sup> as follows-

1. Adharma
2. Shastraprabhawa – wars, world wars.
3. Abhishap
4. Rakshoghna - bhutasanga

### 3. Presentation of

#### “Janapadodwansa” :

There is no specific presentation of “Janapadodwansa”, but we can say in “Janapadodwansa” or Epidemics large number of population same time entered in hospitals or taken treatment for same disease or mortality due to same cause occurs that is importance feature of “Janapadodwansa”

### 4. Management of

#### “Janapadodwansa” :

There is no specific management explained by acharya but as per WHO-Prevention is better than cure that’s good management for any disease<sup>4</sup>

If there disease occurs due to “Janapadodwansa” then cure by medication or by other clinical management.

### Discussion:

In now days there are various of epidemics occur, in which many people are suffer. Many of them cure but some of them not cure or die. By our Acharya of Ayurveda said hetu of “Janapadodwansa” and that’s hetu we want to study properly and by avoid to these hetu we may more successful to avoid epidemics.

### Conclusion:

By above study we can conclude that “Janapadodwansa” means “Epidemic” and by avoid of hetu “Janapadodwansa” we can avoid episodes of epidemics.

### References:

1. Charak Samhita vimansthana, adhyaya 3, page517, 5<sup>th</sup> edition, by Prof. Vd. Y.G Joshi.
2. Charak Samhita vimansthana, adhyaya 3, page 520,5<sup>th</sup> edition, by Prof. Vd. Y.G Joshi.
3. Charak Samhita vimansthana, adhyaya 3, page 521,5<sup>th</sup> edition, by Prof. Vd. Y.G Joshi.
4. [www.who.int/csr/disease/clinical-management](http://www.who.int/csr/disease/clinical-management).

*Conflict of Interest: Non*

*Source of funding: Nil*

**Cite this article:**

*Literary aspects of “Janapadodwansa.”  
Ganesh Arvind Sutar, Malhar S. Kulkarni*

**Ayurlog: National Journal of Research in Ayurved Science- 2020; (8) (2): 01- 03**