AYURLOG

National Journal of Research in Ayurved Science

A peer-reviewed open access Indexed e-journal of Ayurveda



The board is hereby awarding this certificate in the name of author(s) Shetty Prakruthi, Choudhari Pankaja

in recognition of published research Article entitled

"The study of Nidra in Ayurvedic perspective and its importance."

in Ayurlog: National Journal of Research in Ayurved Science.

Volume 08th | Issue 04th | July- 2020



Jeinhe

Chief Editor