



Management of Allergic Drug Reaction converted into Visarpa – A case study

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Abstract:

Physical appearance is something that is related to psychological stress. Skin is major organ which remains as a presentable material in front of the world which also defines any individuality. Around 20 – 30 % Population suffer from skin ailments. According to study the incidence rate of herpes zoster was highest i.e. 56% at 20 to 40 years of age and from lower socioeconomic strata. These problems vary from age, locality and season. *Visarpa* is one of the major skin disease which is explained in detail apart from *Kusthavyadhi* by every *Acharya* This imparts the severity and significance of disease. *Visarpa* is characterized by *Aashu – anunnatashopha, Daha, Jwara, Vedana* and nature of *pidika* is described as *Agnidagdagdavata*. Skin disorder vary greatly in symptoms and

severity. so they can be temporary or permanent. they can be situational or genetic, minor or mortal. thus, *visarpa* is one which if mismanaged can lead to life threatening situation. *Twak Roga* are *Chirkari* and so recurrent relapse occurs easily. *visarpa* is *bahudoshaj vyadhi*.

Keywords – *Visarpa, ADR, Herpes Zoster*

Introduction

Physical appearance is something that is related to psychological stress. Skin is major organ which remains as a presentable material in front of the world which also defines any individuality. Around 20 – 30 % Population suffer from skin ailments. According to study the incidence rate of herpes zoster was highest i.e. 56% at 20 to 40 years of age and from lower

socioeconomic strata^[1]. These problems vary from age, locality and season.

Visarpa is one of the major skin disease which is explained in detail apart from Kusthavyadhi by every Acharya.^[2] This imparts the severity and significance of disease. Visarpa is characterized by Aashu – anunnatashopha, Daha, Jwara, Vedana and nature of pidika is described as Agnidagdagdavat.^[3]

Case Report

- Name – XYZ
- Age – 32
- Gender – Male
- Residence – Mumbai

History of present illness: A male patient of 32 years old, coming from muslim community and presently living in Mumbai, Maharashtra had to severe acute allopathic drug reaction, was complaining ubhay hastanguli pradeshi, Ayu janupradeshi, padapradeshi, daha(severe burning sensation) and araktavarni twakvaivarnya (reddish skin Discolouration)and shoth (oedema)and Toda(prickindg type of pain), jwara (fever) since 1 days

- Past medical history: Same complaints before 3 years
- Past surgical History – No any relevant surgical history
- Family History- not relevant
- Personal history: Aahar- intake of non-vegetarian food, oily, junk foods.
- On examination
- General –patient was pitta vataj

- Vital signs –pulse -112/min, BP 100/60 mm of Hg
- Local examination –
- The lesions occurred in clusters, red rashes.
- Area – over both flanks and mouth region
- On palpation – no lymphadenopathy
- Colour – Reddish
- Odour – no specific odor
- Secretion – absent
- Pain – present
- Burning sensation – present
- Tendency to bleed – No
- Loss of sensation – No
- Astavidhpariksha
- Nadi (pulse) - 112/min
- Mala (stool) - vibandha
- Mutra (Urine) - samyaka 4-5 times /day
- Jihva (tongue) - sama
- Sparsha - ushna
- Shabda - samyaka
- Druk - samyaka
- Systemic examination:
- RS - AEBE clear B/L
- CVS - S1 S2 heard, no added sounds
- CNS - conscious well oriented, superficial reflexes intact
- GIT - Bowel movements irregular, tongue – coated, per abdomen – non tender, hard

Samprapti Ghatak

- Dosha – Pitta, Rakta, Kapha, Vata
- Dushya – Twak/Rasa, Rakta, Mamsa, Ambu
- Agni - Mandya
- Srotas – Rasavaha, Raktavaha, Mamsavaha
- Srotodushti – sanga, vimarga- gaman

- Ama – sama
- Vyaktasthana – ubhay hasta pad pradeshi, janupradeshi
Treatment given

Shaman chikitsa

1. Shunthivarjit shadangodak 100 ml BD
2. Shatadhout ghrut LA on lesions.
3. Sanshamani vati 250 mg 4 BD
4. Chandrakala vati 250 mg 2TDS
5. Sariva ,Gokshur, Chandan churna Each 1 gm TDS
6. Avipattikar churna 3 gm BD
7. Valasidha jala

Improvement

Discolouration of skin, burning sensation, pain, fever decreased.

Discussion

Skin disorder vary greatly in symptoms and severity. so they can be temporary or permanent. they can be situational or genetic, minor or mortal. thus, visarpa is one which if mismanaged can lead to life threatening situation. Twak Roga are Chirkari and so recurrent relapse occurs easily. visarpa is bahudoshaj vyadhi.

- Shunthivarjit shandgodak - It is pitashamak and reduces fever.
- Shatadhout ghrut : Pitashamak , dahasamnarth.
- Shanshamani vati : It contain guduchi and it is tiktarasatmak ,ampachana so reduces jwar .

- Chandrakala vati - Its acts on pittaj vyadhi hence beneficial in all kind of daha.^[4]
- Sariva, gokshur, chandan churna - Sariva raktashodhak ,gokshur pittashamak ,chandan pitashamak^[5]
- Avipattikar churna - It acts as a mrudu virechak^[6]
- Valasiddha jala - Pitashamak

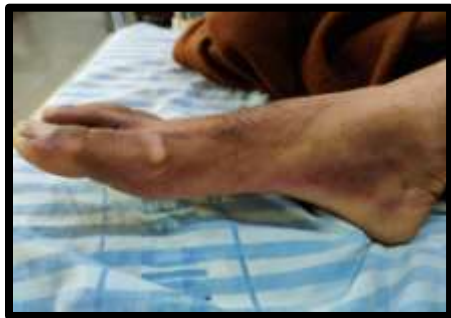
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Before treatment



After treatment



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