



Classical Drugs Review of Contents of *Krumighna Basti*

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ABSTRACT:

In Today's Era, *Krumi* is considered to be major issue from child to adult. Whether it may be *aagantuj* or *nij*, depending on it, treatment has to be started accordingly. Starting from *Rugveda* to *Samhita*, *krumi* is accepted as a causative factor of various diseases. There is a wide narration of pathological *krumi* in our *Samhita*'s. Only few studies have been done in *Ayurveda* on the type of *krumi*, there infection or infestation, and the treatment. Amongst them, very few studies has elaborated *panchakarma* related to *krumi*. Various treatment modalities related to *panchakarma* has been mentioned, among that in *Sushrut Samhita*, *krumighna basti* has been elaborated specifically containing *surasadi gana dravya*, and various *krumighna dravya*

KEY WORDS:

Panchakarma krumi, Sushruta Samhita, Krumighna basti, Sursadi gana dravya.

INTRODUCTION:

Different concepts of disease for mission were proposed like the effect of environment, defective diet, daily habits etc. Ancient human endorsed them heavenly age and others supernatural forces. This supernatural forces may result in invasion of body by infectious organism can be called as *Krumi*. In *Samhita* period given different description regarding *Hetu, Bhed, Lakshana* and *Chikitsa* Of *Krumi*. Though there are different types of *Krumi* described but our *Acharya*'s has elaborated the generalized treatment of *Krumi*. These include *nidan parivarjana, Apakarshna, prakruti vighat* and many more. They can be effectively cured by *Basti* with

Krumighna contents *Acharya Sushruta*, has precisely elaborated *Krumighna basti* with *Surasadigana* contents which is effective in *Krumi Chikitsa*.

In present day microbiology and helminthology are separate branches of all worms & microbes but in *Ayurveda* there is number of differentiation given. All *Krumighna* drugs act as generalized treatment for all types of *Krumi*. This

Surasadi gana described by *Acharya Sushruta*, function as *Krumighna*, antioxidant, Anti Diabetic. Each and every content of *Surasadi Gana* has different *Karmas* along with *Krumighna*.

In *Panchakarma Krumighna dravyas* used in treatment modality in the form of *Basti* mentioned as *Krumighna Basti*. Along with *Surasadi Gana*, different other *dravya* such as *Yava, kola, Kullatha* functions as *Krumighna* can be headed & utilized in *Krumighna Basti*. So to get knowledge of *karma* or function of each and every content mentioned by *Acharya Sushrutain Krumighna Basti* is aim of the study.

मक्षिकं लवणं स्नेहं कल्कक्वाथामितिक्रमात् ।

आवपेत निरुहाणामेष संयोजने विधिः ॥

अ.सु. १९/४५

Yava, Kol, Kulathya, Surasadi Guna							kwatha
Surasadi Gana, Vidang							kalka
Tila taila							taila
							Saindhav
							Madhu
Sr.n o.	Name	Drug Name	Latin name	Rasa	Vipak	Viry a	karma
1	Surasa	Tulasi	Occimum sanctum linn.	Katu, Tikta	Katu	Ushna	Kasa, shwas, krumihara
2	Shweta Surasa	Shweta Tulasi	Occimum sanctum linn.	Katu, Tikta	Katu	Ushna	Kasa, shwas, krumihara
3	Phanijhaka	Marubaka	Origanum majorana linn.	Katu, Tikta	Katu	Ushna	Kapha, kushtha, krumihara
4	Arjaka	Shweta Parnasa/Shweta vana tulasi	Orthosiphon Pallidus royle	Katu	Katu	Sheeta	Kandu, Krumi, Visha
5	Bhustruna	-	Hyptis suaveolens poit	-	-	-	-
6	Sugandhaka	Dronapushpi	Leucas cephalotes spreng	Katu, Lavan	Madhura	Ushna	Kamla, Tamaka shwasa, Krumi
7	Sumukha	Rajika	Brassica	Katu, Tikta	Katu	Ushna	Kandu, Kushtha, Kru

			juncea linn.			a	mi
8	Kalamala	Krushnamalika/Barbarika	Occimum basilicum linn.	Katu	Katu	Sheeta	Kandu,Krumi,Visha
9	Kutheraka	Krushna vana tulasi	Orthosiphon pallidus royle	Katu	Katu	Sheeta	Kandu,Krumi,Visha
10	Kasamarda	Kasamarda	Cassia occidentalis linn.	Madhura	Katu	Ushna	Vrushya,Kasa,Visha
11	Kshavaka	Chhinkini	Centipeda minima linn.	Katu	Katu	Ushna	Kapha,Kushtha,Krumi
12	Kharapushpa	Marubaka	Origanum majorana linn.	Katu,Tikta	Katu	Ushna	Kapha,Kushta,krumihar
13	Vidanga	Vidanga	Embelia ribes Burm.f.	Katu	Katu	Ushna	Kapha,Kushtha,krumihar
14	kataphala	Kayaphala	Myrica esculenta Buch.Ham	Kashaya,tikta	Katu	Ushna	Shwas,Kasa,Prameha
15	Surasi	Shweta	Vitex negundo linn.	Tikta ,Kashaya	Katu	Ushna	Krumi kushtha
16	Yavani	Ajmodika	Trachyspermum ammi (linn.) Sprague	Katu , Tikta	katu	Ushna	Vata,pitta shaman ,krumighna ,gulmahara
17	Kol	Badar/Karkandhu	Ziziphus oenoplia	Tikta,Kashaya	-	Sheeta	Bhedan, bruhan ,trushnahara
18	Kulith	Kulith	Dolichos biflorus linn.	kashaya	Katu	Ushna	Bhedan ,medohara,krumighna ,jwarahara

यवकोलकुलत्थानां सुरसादेर्गणस्य च ।

विडङ्गस्नेहयुक्तेन क्वाथेन लवणेन च॥२२॥

सु.उ.१४/२२

Mostly krumighna dravyas are *Laghu, Ushna, Ruksha, Tikshna, Sukshma, and functios* as *Kledaghna, krumighna, kaphaghna* as they are *Tikta, katu rasa, Katu by vipak and Ushna by virya*, all dravyas given in this basti

has similar properties the functions as Krumighna.

1. Yava: Acts as krumihar, this dravya relieves the pain which is due to krumi, at the same time act as pachak and agnidipak.
2. Kol: This dravya will act through Basti mechanism, which it forcefully expels the krumi from pakwashaya here the contents in the basti acts through Ushna and Tikshna guna and functions as

anulomaka, it relieves the vibandh and helps in Krumipatan. The treatment of krumi is generalized by 3 mechanisms: *Nidan parivarjan, Prakruti vighat and Apakarshana*. Among these, kola acts as Prakruti vighat and Apakarshana.

3. *Vidang*: functions as Krumighna, along with Agnivardhak, aampachan, and kledahara. This dravya precisely works on Tape worms, hook worms.
4. *Kulatha*: Functions as *bhedana, lekhana, and anulomaka* this dravya act in Krumighna basti by Apakarshana chikitsa.
5. *Sursadi gana*: Acharya Sushrutah described Sursadi gana priorly as krumihara. This all the above dravyas are krumihara act as Krumighna, but this dravyas are given through basti formation. So priorly act on *Purishaj and Kaphaj krumi* along with this it act as *Agnidipak, Anulomaka*, as it is in the form it.

DISCUSSION:

All the dravyas from krumighna Basti are herbs. In sursadi gana, out of, 8-9 drugs are varieties of Tulasi or appear to be different species of family *Labiatae*.

Surasadi group named on the name of surasa i.e Tulasi. Tulasi this name is not found in samhitas. It is rather found by its alternative name such as sauvir, etc so it can be taken as tulasi only. This name is available in Nighantus.

The potency of arjaka, kalamala, kutheraka, undurukarnika, vishamushtika, prachibala is sheet and of remaining drugs are ushana virya. All drugs

are indicated in respiratory disease like cough, infectious condition, common cold, asthma, skin disease, worms.

After study of these basti contents, all plants have the antimicrobial, anti-inflammatory, anti-oxidant, anti-cancer, anti-diabetic, wound healing, hepato-protector properties.

All plants having antibacterial activity are mentioned as krumighna by Acharya Sushruta.

CONCLUSION:

All the drugs from krumighna Basti indicated in wound, gastro intestinal, skin disease most of them are herbs.

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