



A critical study of manuscript 'Pramehadhikar'

Bhave Smita^{*1}, Joshi Mohan R.²

1. PG Scholar

2. Professor and HOD – ORC ID : <https://orcid.org/0000-0001-9063-5883>

Department of Sanskrit Samhita Siddhanta, Tilak Ayurved Mahavidyalaya, Pune. M. S.

*Corresponding Author- Email –Id: drbhavesmita@gmail.com

ABSTRACT- Introduction- Manuscripts are the handwritten texts aged more than 75 years and have scientific importance. *Pramehadhikar* is the one of the untouched MSS present in the Shri Raghunath temple MSS library, Jammu. It is a compilation of about 38 formulations described for the treatment of *Prameha*. Aim and Objectives- To study the MSS *Pramehadhikar*. To compare the formulations with *Bharat Bhaishajya Ratnakar*. Materials and Methods- MSS *Pramehadhikar* is compared with B.B.R. Observations- MSS is written in the year *Samvat* 1990. It is the compilation of 38 *kalpas* out of which 22 *kalpas* are found similar with B. B. R. *Anupana*, *sevan kal*, *matra*, *pathya*, specific indications according to type of *Prameha* are given. All the formulations are herbomineral except formulation no 2 and *dhatri leha*. *Dhatri nisha* and *Chandraprabha vati* are said as best medication for *Prameha*. Conclusion- It is a compilation of medicines for *Prameha* with herbomineral contents. *Vanga bhasma* is the key content in all formulations.

Keywords: MSS *Pramehadhikar*, *kalpas*, B. B. R. *Anupana*, *sevan kal*, *matra*, *pathya*

INTRODUCTION- Manuscripts are original handwritten documents dating at

least 75 years back. There are many manuscripts of various subjects in the libraries all over the world. Lakhs of *Ayurveda* manuscripts are placed in libraries in various nations, many of them are untouched.

Pramehadhikar is one such manuscripts of *Ayurveda* which remained untouched. *Prameha* is enlisted under 'Mahagada' (life threatening diseases) by *Brihatrayee*. In *Pramehadhikar*, various formulations are given which are useful in the treatment of *Prameha*. It seems to be a compilation of formulations from various books of *Rasashastra*.

Keywords- MSS *Pramehadhikar*, B.B.R. (*Bharat Bhaishajya Ratnakar*)

AIM AND OBJECTIVE-

1. To study MSS *Pramehadhikar*.
2. To compare the formulations in MSS with formulations in B B R.

MATERIALS- MSS *Pramehadhikar* (source- archive.org)

Bharat Bhaishajya Ratnakar

METHODOLOGY-

1. Unpublished MSS *Pramehadhikar* is collected from Archive digital library.
2. Manuscript was rewritten.

3. Formulations in the MSS compared with
Bhrat Bhaishajya Ratnakar (B.B.R.)

OBSERVATION-

About MSS-

MSS -*Pramehadhikar* is basically placed in the Shri Raghunath Temple MSS library, Jammu. No - 65 G-1

Extent- 22 leaves. 12 lines a page, 16 words per line.

Scriber had given the details about lines and words per line on last page of MSS, total word count 3175 is also given. Numbering of page is done from 1 to 11. Scriber had first drawn lines on the pages then write the content.

Description- Country paper, Devnagari characters, Handwriting bold and legible, corrections added at places.

Paper is old and musty. Author has started MSS with Ganesh salutation.

Age- *Samvat* 1990

Scriber had written MSS in the month of '*Margashirsh*.'

Author- Author name is not mentioned.

Scriber- Sadhuram

The MSS is a compilation of formulations of *Prameha* from different *Rasa granthas*. Total 38 formulations are described in MSS, out of which 22 can be traced with the various *Rasagranthas* like *Rasarajsudhakar*, *Rasaratnasamuchhaya* and many more in B B R. Maximum formulations are compiled from *Rasarajsudhakar*, *Rasakamdheni*, *Rasendrasangraha*, *Rasachintamani* and *Rasaratnasamucchya*. There are *pathbheda*s of some formulations, therefore for study they are named with numbers as follows.

Kalpa No in MSS	Kalpa name	Kalpa No in MSS	Kalpa name
4	<i>Anandbhairav rasa 1</i>	11	<i>Vangeshwar 3</i>
5	<i>Anandbhairav rasa 2</i>	23	<i>Vangeshwar 4</i>
10	<i>Chandraprabhavati 1</i>	30	<i>Vangeshwar 5</i>
33	<i>Chandraprabhavati 2</i>	24	<i>Mehabaddha rasa 1</i>
6	<i>Vangeshwar 1</i>	25	<i>Mehabaddha rasa 2</i>
7	<i>Vangeshwar 2</i>	28	<i>Vidyavagishwar 1</i>
-	-	29	<i>Vidyavagishwar 2</i>

- Formulations in MSS are compared with the *Bharat Bhashajya Ratnakar grantha*, observations are as follows.

On the basis of similarities formulations are compared in percentages.

Sr .No.	Formulation in MSS	100%	90%	75%	50%	25%
1	<i>Panchanan Rasa</i>			✓		
2	<i>Kalpa no 2</i>	✓				
3	<i>Anandbhairav rasa 1</i>				✓	
4	<i>Anandbhairav rasa 2</i>					✓
5	<i>Chandrakala vati</i>	✓				

6	<i>Chandraprabha vati 1</i>	✓				
7	<i>Vangeshwar 3</i>	✓				
8	<i>Maninimanmardan rasa</i>		✓			
9	<i>Rujadalan vati</i>	✓				
10	<i>Harishankar rasa</i>	✓				
11	<i>Vangavleha</i>			✓		
12	<i>Mahaseturasa</i>	✓				
13	<i>Pramehaseturasa</i>		✓			
14	<i>Mehabaddharasa 1</i>		✓			
15	<i>Indravati</i>		✓			
16	<i>Vidyavagishwar rasa 1</i>	✓				
17	<i>Vidyavagishwar 2</i>		✓			
18	<i>Chandraprabha vati 2</i>		✓			
19	<i>Shukramatraka vati</i>		✓			
20	<i>Mehakulantakorasa</i>		✓			
21	<i>Mehakulantaka vati</i>		✓			
22	<i>Someshwar rasa</i>		✓			

Formulations which could not be traced in B .B. R.

Formulation no in MSS	Formulation name	Formulation no in MSS	Formulation name
6	<i>Vangeshwar 1</i>	22	<i>Mehamudgar rasa</i>
7	<i>Vangeshwar 2</i>	23	<i>Vangeshwar rasa 4</i>
8	<i>Brihat Vangeshwar</i>	25	<i>Mehabaddha rasa 2</i>
11	<i>Vangeshwar 3</i>	27	<i>Mehaharogol</i>
14	<i>Mehaharorasa</i>	30	<i>Vangeshwar 5</i>
15	<i>Unnanmed kalpa</i>	31	<i>Mehahari</i>
16	<i>Parpatirasa</i>	32	<i>Amrutavati</i>
18	<i>Shivaguti</i>	38	<i>Dhatri leha</i>

These formulations may be compiled from other books or it may be scribes's own contribution.

- Scribe has mentioned indications of some formulations according to types of *Prameha*

Indication	Formulations
<i>Sarvameha</i>	<i>Panchanan rasa</i> <i>Kalpa no 2</i> <i>Chandraprabha vati 1</i> <i>Chandraprabha Vati 2</i> <i>Vangavleha</i> <i>Vangeshwar rasa 4</i> <i>Vangeshwar rasa 5</i>

	<i>Shukramatrakavati</i> <i>Mehakulantaka Vati</i>
<i>Vaataj meha</i>	<i>Vangeshwar 1</i> <i>Someshwar rasa</i>
<i>Pittaj meha</i>	<i>Vangeshwar 2</i>
<i>Kaphaj meha</i>	<i>Rujadalan vati</i> <i>Amruta Vati</i>
<i>Nil meha</i>	<i>Harishankar rasa</i>
<i>Salil meha</i>	<i>Kalpa no 15</i>
<i>Madhumeha</i>	<i>Indravati</i>
<i>Lalameha</i>	<i>Vidyavagishwar rasa 1</i>
<i>Vasameha</i>	<i>Mehakulantako rasa</i>

- Formulation no 2 and 15 are remained unnamed. Formulation no 2 is found similar as *Vidangadi yog* described by *Bhaishajya ratnavali*, *rasrajsudhakar*, *rasaratnakar*. Similarities not found with formulation no 15 in B. B. R.
- There are blank spaces in formulation no 12 and formulation no 25 *Mehabaddha rasa*.

Formulation no 12 is found similar to *Maninimanmradan rasa* described by *Rasasanketkalika* in Ullas 4.

Heilights of MSS-

In MSS, Author has mentioned *anupana*, *seval kal*, *matra*, *pathya* for some formulations which are as follows

• *Anupana*-

Madhu- *Anandbhairava ras 1*, *Vangeshwar rasa 1*, *Vangeshwar rasa 2*, *Kalpa no 15*, *Vangeshwar rasa 4*, *Mehabaddha rasa 1*, *Vidyagishwar rasa 1*, *Vangeshwar rasa 5*, *Mehahari rasa* For these *kalpas*, *Madhu* (honey) is adviced as *Anupana*.

Panchanan rasa- *Guduchi swaras* with honey

Anandbhairav rasa 2- Decoction of *Haridra* with honey

Brihat Vangeshwar rasa- *Guduchi sattva* with *sharkara*

Pramehasetu rasa- *Triphala churna* with honey

Meahmudgar rasa- *Ajadugdha* (goat's milk)

Vidyavagishwar rasa- *Haridra churna*

Chandraprabha vati 1 and 2- *Dhatrī*, *patol patra kwath* with honey or *Guduchi kwath* with honey

Shukramatraka vati- *Dadim swaras*, *Ajadugdha*, or water according to *dosha*.

• *Matra (Dosage)*-

Panchanan rasa- *Valla* or *valladwaya*

Anandbhairav rasa 1- *Trigunja (3 guja)*

Vangeshwar ras 1- *Mashtraya (3 Masha)*

Brihat vangeshwar rasa- *3 valla*

Rujadalan vati- *1 valla*

Harishankar rasa- *1 Masha*

Mehabaddha rasa- *1 Nishka*

Vidyavagishwar rasa 1- *3 Nishka*

Vangeshwar rasa 5- *2 Masha*

Mehahari rasa- *1 Valla*

Amrutavati- *1 Aksha*

Shukramatraka vati- *1 Masha*

• *Pathya*-

Do's and don'ts for some formulations are mentioned in MSS which are as follows-

Panchanan rasa- during consumption of *Panchanan rasa*, *pathya* should be followed as described for *Loha bhasma* consumption. *Kushmand*, *til tail*, *makhanna*, *rajika*, *madya*, *amla sura* are some items to be avoided.

Vangeshwar rasa 1- *Mudga amalak yusha*, *ghrut*, *tail* are advised to consume during the use of *Vangeshwar rasa* 1.

- **Sevan kala-**

In the MSS, time in the manner morning evening, or duration for the consumption of very few formulations is mentioned, which are as follows-

Meaharorasa- It is advised to take 3 time a day morning, afternoon and in night.

Vangavaleha- Total duration for consumption of this formulation is given as 1 *Mandal* i.e., for 48 days.

Mehaharogola- It is advised to take for consecutive three weeks.

- **Micellaneous-**

All the formulations in the MSS are herbomineral except formulation no 2 (*Vidangadi yoga*) and *Dhatri leha*. *Vidangadi yoga* is a pure herbal formulation while *Dhatri leha* is herboanimal based because of *Ghrut* content.

Author has praised *Dhatri*, *haridra churna* with honey as best medication for *Prameha* in between while explaining other *kalpa*, *Vangavleha* and *Vangeshwar rasa* 4.

In the last verse of MSS, author has described *Dhatri leha* and *Chandraprabha gutika* which comes in the *Arsha* treatment as best medicines for *Prameha*.

DISCUSSION-

MSS *Pramehadhikar* is all about the various formulations for the treatment of *Prameha*. Author name is not mentioned but scribe

name is mentioned in the MSS. Age of MSS is *Samvat* 1990 which means it was written in the year 1933 by the scribe. Scribe was so punctuate that he had written details about lines, words on the last page of MSS.

There are total 38 formulations, out of which 22 formulations are traced with B.B.R., remaining formulations may be compiled from other *Rasashastra* books or they may be authors own contribution. On the basis of similarities of formulations with B.B.R., 8, 10, 2, 1 and 1 formulations found 100%, 90%, 75%, 50% and 25% similarities respectively. Some formulations are indicated in particular type of *Prameha* like *Harishankar rasa* in *Nilmeha*, *Indravati* for *Madhumeha* etc. *Anupana* of some medicines are given, honey is advised as *anupana* for maximum formulations. Dosage of 12 formulations given in which one 'Valla' or 'Trigunja' is the smallest dose while one 'Aksha' is the highest dose indicated. Diet to be taken i.e., *Pathya* is advised for the consumption of two medicines namely *Panchanan rasa* and *Vangeshwar rasa* 1. *Pathya* advised for *Panchanan rasa* should be followed for remaining *kalpa* having *loha bhasma* as content. Total duration of consumption of medicine is given for two formulations, 1 *manadal* means 48 days is advised for *Vangavleha*.

Author has emphasized the importance of *Dhatri*, *Nisha* with honey for *Prameha*. In *Brihatrayee* also, *Dhatri Nisha* is said as best medicine for *Prameha*.

CONCLUSION-

MSS *Pramehadhikar* written by scribe Sadhuram in the year *samvat* 1990 is found as compilatory work of 38 formulations

from various books of *Rasashastra*. Maximum formulations are compiled from *Rasarajsudhakar*, *Rasakamdheni*, *Rasendrasangraha*, *Rasachintamani* and *Rasaratnasamucchya*. *Vanga bhasma* is exclusively used in the formulations which indicates its efficacy to cure *Prameha*. Formulations in the MSS can be used to enhance the effect of treatment.

References-

1. <http://archive.org>
2. MSS Pramehadhikar folio 1-22
3. Saha Nagindas C., Bhadrat Bhaishjya Ratnakar, Varanasi, Motilal Banarasidas prakshan, reprint edition 1985 Vol 1

4. Saha Nagindas C., Bhadrat Bhaishjya Ratnakar, Varanasi, Motilal Banarasidas prakshan, reprint edition 1985 Vol 2
5. Saha Nagindas C., Bhadrat Bhaishjya Ratnakar, Varanasi, Motilal Banarasidas prakshan, reprint edition 1985 Vol 3
6. Saha Nagindas C., Bhadrat Bhaishjya Ratnakar, Varanasi, Motilal Banarasidas prakshan, reprint edition 1985 Vol 4
7. Saha Nagindas C., Bhadrat Bhaishjya Ratnakar, Varanasi, Motilal Banarasidas prakshan, reprint edition 1985 Vol 5

Conflict of Interest: Non Source of funding: Nil

Cite this article: A critical study of manuscript 'Pramehadhikar'

Bhave Smita, Joshi Mohan R.

Ayurlog: National Journal of Research in Ayurved Science- 2022; (10) (01): 01-6